

Report on Guest Lecture Organized by the Library Department, on the Occasion of International Women's Day

A special guest lecture on "***Self-Control and Behavioral Discipline***" was organized by the **Library Department** and **Co-curricular & Cultural Committee** of the college on **10th March 2025 at 11:00 AM** to mark the occasion of **International Women's Day**. The session was delivered by **Ms. P. Vijayalaxmi**, a **Master Trainer, Facilitator, and Life Coach**.

The event was graced by the presence of **Prof. (Mrs.) Nirupama Dhoble, Principal**, and **Dr. Shashikant G. Rokade, Head, Department of Library**. **Dr. (Mrs.) Seema Nimbarte** introduced the guest speaker and skillfully compered the session, ensuring smooth coordination of the event.

During her lecture, **Ms. Vijayalaxmi** emphasized the importance of self-control and behavioral discipline in personal and professional life. She provided practical insights and strategies to help individuals develop emotional intelligence, manage stress, and enhance self-discipline for overall well-being and success.

The session was well-received by the large number of students and faculty members, who actively engaged in the discussion. The event concluded with a vote of thanks delivered by **Dr. (Mrs.) Jyoti Ramteke**, expressing gratitude to the guest speaker for her valuable insights and to all dignitaries and participants for their presence.

The lecture served as an enlightening and empowering experience, aligning with the spirit of **International Women's Day**, nurturing self-awareness, and promoting a culture of discipline and growth among the attendees.

SD/-

Dr. Shashikant G. Rokade

Head

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